



Accessibility Guide for Langrig

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Welcome

The Eildon Melrose Holiday Cottages are a converted eighteenth century farm steading forming six self-catering cottages, five of which are wheelchair accessible. Langrig is a three bedroom cottage that sleeps up to 6 people.

There is a double or twin bedroom on the ground floor with an en-suite wet room shower. The bed in this room is manually height adjustable (not electric). There are two twin bedrooms and a separate bathroom on the first floor. It is cosy, warm, well equipped and fully adapted to ensure accessibility for disabled and less able visitors.

Situated just outside Melrose it boasts magnificent views over the Tweed Valley and surrounding countryside.

At a Glance

Level Access

- There is level access from the main entrance to:
 - Bedroom: Ground Floor Accessible Bedroom
 - Lounge
 - Dining area
 - Kitchen
 - Open Gardens

Bedrooms

- Luxury micro-fibre (like down) duvets and pillows, no feathers.
- There is a ceiling track hoist available to hire.
- We have a mobile hoist available to hire.

Level access bedrooms

- The route to the bedroom is 750mm wide, or more.
- The bedroom door is 750mm wide, or more.
- There is unobstructed floor space 1200mm by 900mm, or more.
- The bathroom has a level access shower.

Hearing

- The TV (in lounge) has subtitles.

Visual

- The walls and the doors have high colour contrast.

General

- Some staff have disability awareness training.

Getting here

Eildon Melrose Holiday Cottages & Log Cabins - Langrig
Dingleton Mains
Melrose
Roxburghshire
TD6 9HS

Travel by public transport

- You can get near to Langrig by bus and train.
- The bus stop is 0.5 miles / 0.8 km from Langrig.
- The nearest train station is Tweedbank . The train station is 2.5 miles / 4.0 km from Langrig.

- Direct train link to Edinburgh City centre.
- You can get a taxi with Five Star Taxis by calling 01896 756789. The taxi company has a wheelchair accessible vehicle.



Parking

- We have a car park. There are accessible parking spaces. Parking is free.
- There is a car parking space for one car at the main entrance to Langrig. The drop-off point does not have a dropped kerb.

Arrival



Path to main entrance

- From the street to the main entrance, there is level access.
- The path is 3500mm wide, or more.



Main entrance

- The main entrance has level access.
- The main door is side hung and manual.
- The door is 900mm wide.

Getting around inside



Visual Impairment - General Information

- We have high colour contrast between walls and doorframes.



Bedrooms

- All bedrooms have windows.
- Bedrooms have ceiling lights, bedside lamps and natural daylight.
- Lights have LED bulbs.
- All bedrooms are non-smoking.
- We have non-allergic bedding.
- All bedrooms have fitted carpets.
- All of our bedding is luxury micro-fibre with no feathers
- We can move the bedroom furniture, to improve accessibility.
- The beds in the ground floor bedroom are manually height adjustable.
- We have a mobile hoist and a ceiling tracking hoist available to hire.



Accessible bedrooms

Accessible bedroom Ground Floor Accessible Bedroom

- The route to the bedroom is 930mm wide, or more. The bedroom door is 860mm wide. There is 1000mm at the side of the bed. The bed is 610mm high (can be adjusted lower or higher). There is 220mm under the bed.
- There is a low clothes rail. You can use the rail sitting down.
- There is a ceiling tracked hoist available to hire.

- The bedroom is flexible (either double or twin). The bathroom with wetroom shower is en-suite. The bathroom door is 840mm wide.
- The bathroom has a level access wetroom shower. We can supply a shower chair (either a standard shower chair, one with small wheels or a self-propelled one with a large back wheel – these must be requested when booking) The shower has a handrail.
- The toilet has handrails. The direction of transfer is to the left and right. There is 1000mm in front of the toilet. The toilet seat is 500mm high (raised toilet seat available – request when booking).
- The basin is 810mm high. The taps are lever operated. There is space under the basin, with no pedestal.



Self catering kitchen

Kitchen

- There is an open plan kitchen.
- From the main entrance to the kitchen, there is level access.

- The work surface is available with clear underspace and available at a height between 650mm and 900mm.
- The hob is available at a height between 650mm and 900mm.
- The sink is available with clear underspace and available at a height between 650mm and 900mm.
- The oven is available at a height between 650mm and 900mm.
- The table and plates have high colour contrast.
- The fully equipped kitchen is fully adapted for wheelchair users, including lower work surfaces with space underneath and units that are on wheels.



Lounge

Lounge

- From the main entrance to the lounge, there is level access. The route is 900mm wide, or more. The door is 900mm wide.





Getting around outside

Open Gardens

- From the main entrance to the gardens, there is level access.
- The route is 3500mm wide, or more.
- There are open garden areas around the cottage with grass lawned areas and paths which are wheelchair accessible. There are picnic benches, bench seats, bird feeders and BBQs .

Customer care support

Accessibility equipment

- We have a range of equipment available to use (additional hire charge for some) as follows: Ceiling Tracking Hoist (Spectra), Mobile hoist (electric or manual), raised toilet seat, adjustable bed height, pressure relieving mattresses, cot sides, loop handled bed stick, shower/toilet chairs (with or without wheels), commode
- For a list of more items, please have a look at the Accessible Equipment list on the Accessibility page on our website.
- We have an area to charge mobility scooters and battery powered wheelchairs by arrangement, depends on the type of scooter, please ask to speak to Rob Martin
- You can hire mobility equipment from Galashiels Mobility Solutions by calling 01896 752951.

Emergency evacuation procedures

- We have emergency evacuation procedures for disabled visitors.
- All cottages have been inspected by the Fire Service (2017) and comply with Fire Safety Regulations. There are mains wired smoke and heat detectors fitted for early fire detection. Evacuation is via the front door of each cottage for wheelchair users

Customer care support

- Some staff have disability awareness training.
- The Proprietor, Rob Martin, lives on site and will visit guests after their arrival to make sure they have everything they need and know how everything works. After

that he is contactable by telephone if required and is always happy to help wherever possible.

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